CMS Waterborne Pathogens Collection/Shipping Guidelines



Sample: Swab sample of a surface; water collected in a sterile bottle with sodium thiosulfate neutralizer.

Method: Qualitative culture using selective media

Turn-around-time: 3-5 days

Collection: Swabs and sterile bottles with neutralizer are available from U.S. Micro-Solutions, call 724-853-4047. Do not use "Q-tips" or other cotton swabs intended for personal use. These swabs are not appropriate for environmental sampling.

Swahs

- 1. Select a sampling area where contamination is suspected.
- 2. Wearing gloves, peel down the swab wrapper about 1 inch.
 - Apply strict aseptic technique when collecting samples.
- 3. Remove the plug from the media tube by twisting; discard the plug.
- 4. Remove the swab from the wrapper and insert it into the media tube.
- 5. Squeeze the bottom of the tube until the liquid in the sponge wets the swab.
- 6. Rub the pre-moistened swab vigorously over the desired sampling area.
- 7. Insert the swab into the media tube and firmly close the cap.

Water

- 1. Wearing gloves, collect a 100 mL water sample in a bottle with sodium thiosulfate neutralizer.
- 2. Fasten lid tightly and invert bottle to mix.
- 3. If bottle was submerged in water during collection, sanitize the outside of the bottle with an alcohol wipe to prevent cross-contamination of samples.
- 4. If collecting samples from more than one location, wear disposable gloves and change after each sample.

Shipping:

- 1. Clearly label each sample with a Sample Number and complete the Chain of Custody (COC).
- 2. Place the samples in a Ziploc bag in a box with sufficient packing material to prevent damage. Use separate bags for swab and water samples.
- 3. Insert COC into box.
- 4. Ship samples overnight at ambient temperature Monday through Friday for receipt within 24 hours of collection. Shipments on Fridays must be sent via Priority Overnight Saturday Delivery.